



Frosty Frog Creamery & Café's

Hickory Flat Times

The **OFFICIAL NEWSLETTER** of the Frosty Frog Creamery & Café V.I.P. Club

www.frostyfrogcreamery.com

Volume 3, Issue 8 – August 2009

Welcome!

to Frosty Frog Creamery & Café's **Royalty Rewards V.I.P. Club** and the ***Hickory Flat Times Newsletter!***

Where has the summer gone? School starts in Cherokee County August 3rd....sorry kids, but you must return to the books. The arrival of fall will also be a time for festivals, fairs, and quite a few fun activities for the family all around Cherokee County. We will be a part of some of those activities...look for us, we just may be there!

Recently, we took a day off and spent the day with our grandsons at the Kangaroo Conversation Center in Dawsonville, GA. (<http://www.kangarooconversationcenter.com>) This center houses one of the largest populations of Kangaroos outside of Australia! If you are looking for something entertaining, educational, and just good clean fun for the family that is a short drive from Hickory Flat, this is a place you should consider. (Deer roam the place as well!) We had a great day! Picnic lunches are allowed, and if you need help with your picnic, see us, we can pack one for you!



As always, we want to know what **YOU** our terrific guests and friends have to say about everything that we do...If you have comments you can tell us directly, email us: frostyfrog@frostyfrogcreamery.com, or go to our website, and enter your comment in the 'Frog Blog'; or respond to our Royalty Rewards surveys. Thank you for allowing us to serve YOU!

Frank & Glenda Cole

Have your PICTURE made with the KING!

Rumor has it that ELVIS went to meet his maker on August 16, 1977....well some folks don't think so. If you think ELVIS is alive and well and out there somewhere preparing for his come-back tour, (or not) stop in have your picture made with the king of rock and roll. ELVIS will be 'in the building' all month! In honor of his presence, we will feature **ELVIS' SANDWICH** ice cream for the entire month, and don't be surprised to hear ELVIS singing at the Frosty Frog....(he has to practice somewhere!)



Join the Frosty Frog Creamery BLOG - A-THON !

What is a BLOG?

A blog—shorthand for "Web log"—is an online collection of personal commentary and links. Blogs can be viewed as online journals to which others can respond that are as simple to use as e-mail. The simplicity of creating and maintaining blogs means they can rapidly lead to open discussions. A good way to share our thoughts.

Why BLOG?

We would LOVE to have our guests using the 'FROG BLOG' on our web site as a vehicle to comment on their Frosty Frog Creamery & Café experiences, suggestions for menu items, ice cream flavors, parties, vacations, etc.. It's easy, and it's fun! Log onto the internet, go to www.frostyfrogcreamery.com/frank/ and register in the sign up block on the right hand side of the page. After you get your confirmation email for your password, the blogging experience can begin in the comments section following our Frosty Frog Creamery & Café entries!

What's in it for ME?

We are looking for comments about the Frosty Frog experience, good stories about our guests, and suggestions for new menu items, ice cream flavors, etc.

During August, September, and October, we will be awarding the

BEST ' FROG BLOGGER' of the MONTH
dinner for two at the Frosty Frog Creamery & Café!
(there may be multiple winners! ☺)

Get those creative thoughts together, limber up your typing fingers, and blog-away! Have fun, and good luck!



Join Our Royalty Rewards program and **SAVE every time** you visit!

Frosty Frog Creamery & Café

6205 Hickory Flat Highway Suite 112 – Canton, GA 30115 – 770-704-9333

"Always a Generous Portion – Always Delicious Taste!"



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COUPON AMNESTY WEEK

August 1 thru 8 will be coupon amnesty week at Frosty Frog Creamery & Café! You can use any offer, coupon, postcard, birthday card, red envelope, green envelope, scratch-off that we HAVE EVER OFFERED that has expired, and we will honor it at it's original value!
Hurry, because on August 9th, they will be just expired coupons once again (until the NEXT amnesty week)!

facebook

Become a FAN of Frosty Frog Creamery on facebook...or...follow Frosty Frog

(froghickoryflat) on twitter

Sun Sensitivity

According to the Mayo Clinic, some common prescription and over-the-counter medications can make your skin extra sensitive to sunlight, so that you can develop a severe sunburn in just minutes. Drugs to watch out for include many antibiotics; some medications for cholesterol, high blood pressure, and diabetes; ibuprofen and naproxen; and the acne treatment Accutane. Be sure to ask your doctor about sun sensitivity when you are given a new prescription. If your skin does become more sensitive to sunlight, cover up, wear a hat, and stay out of direct sunlight as much as possible. While sunscreen may help by blocking a portion of the UV spectrum, in some cases chemicals in the sunscreen may actually make the problem worse.

Laughter gives us distance. It allows us to step back from an event, deal with it, and then move on.

—Bob Newhart



Root Beer Floats
½ price all day on
Thursday August 6th
...cold...creamy...
YUM!



S'mores Anyone ???

Ohhh Chocolate, Marshmallows and Graham Crackers!

August 10th is National S'mores Day!

Come in during the month of August with this coupon for **\$2.00 OFF your S'mores for 4 Dessert**

You make your very own delicious S'mores right at your table for everyone to enjoy!

It's not just Dessert...

It's an Adventure!

LIVE MUSIC

at Frosty Frog Creamery & Café

August 7: **OneVoice**

Contemporary Christian Music

Performance begins: 7:30 p.m

Open Seating

Lunch for Two for \$13.88 on Friendship Wednesdays!

Bring a friend and join us for lunch. We are celebrating National Friendship Day every Wednesday in August with our Two for \$13.88 lunch specials which include an entrée and drink!

AND

On that day, if your friend joins our VIP Royalty Rewards™ Program we will give you a

FREE Dessert to share!

Please bring this coupon with you on Wednesday!



Platinum Plate Award '08,'09

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You could be the Winner of a FREE Dinner! WHERE IN THE WORLD?



The first 5 people to **BRING IN THIS NEWSLETTER** and tell us the correct answer to **SPECIFICALLY WHAT** and **WHERE** this is you win a FREE dinner on us, valued to \$7.50.

Name: _____

Address: _____

City _____ Zip _____

Telephone: _____

Take your time to get more done

Getting more done doesn't always mean doing more things. Sometimes it's about doing less. Don't try to schedule every minute of every day. When you make and prioritize your to-do list, leave yourself some flexibility to handle interruptions and unplanned tasks that are bound to come up during the day. You should block out segments of your day for important tasks (that's part of reviewing and prioritizing your to-do list), but be sure to reserve enough time so that you don't have to rush through things. Taking your time can sometimes be the best use of your time.

Strange Laws

If you're traveling around the country this summer, note these regional laws to avoid violations:

- In Oklahoma, it's illegal to wear your boots to bed.
- In California, it's against the law for women to drive while wearing house coats.
- In Texas, it's illegal to milk another person's cow.
- In Rhode Island, it's not permissible to own a cap gun.
- In Alabama, it's against the law to play Dominoes on Sundays.

Going Barefoot

A recent study at Rush Medical College in Chicago showed that wearing shoes may worsen the symptoms of osteoarthritis in the knees and increase the risk of joint damage. The study found that going barefoot significantly reduced the loads on participants' knees and hips. As a result, the researchers recommend that patients with knee osteoarthritis dispense with shoes when possible.



Membership is FREE!
A Guaranteed Return
On Every Investment!

Ask About our Royalty Rewards Program Today!

During 2008, our members earned in excess of **\$7500.00 in FREE food!** Over 1000 FREE Birthday meals given to members, and Special Discounts throughout the year! Don't wait any longer – **JOIN TODAY** and begin earning **YOUR FREE FOOD with your next visit!**

A Berry Medley

Want a simple, colorful, and delicious topping for angel food cake or cheesecake, or a dish tasty enough to be eaten alone? Mix together a pint each of blueberries, red raspberries, and sliced strawberries. Squeeze half a lemon over the berries and stir in a heaping tablespoon of powdered sugar.

Name That Country

This long, narrow country sounds spicy. It's bordered by Peru on the north; Argentina and Bolivia on the east; and the Pacific Ocean on the west. Here are some other clues to help you guess:

Size:	291,930 square miles
Population:	16.3 million
Language:	Primarily Spanish
Capital:	Santiago
Main exports:	Copper, fish, fruit, and paper

(Answer on Page 4)



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**Laughter is the
BEST Medicine**

To Be Six Again...

You really have to give this guy an A+ for effort.

George was a thoughtful husband. He wanted to give his wife something special for her birthday which was coming up soon. As he sat on the edge of the bed, he watched his wife turning back and forth and looking at herself in the mirror. "Rita," he said, "What would you like for your birthday?"

His wife continued to look at herself and said, "I'd like to be six again."










George knew just what to do. On the big day, he got up early and made his wife a bowl of Fruit Loops. Then he took her to an amusement park where they rode all the rides. Five hours later, Rita's stomach felt upside down and her head was reeling. Never the less, George took her to McDonald's and bought her a Happy Meal with extra fries and a chocolate shake. Next, it was a movie with popcorn, soda and her favorite candy.

As Rita wobbled into the house that evening and flopped on the bed, George asked her, "Well, Dear, what was it like to be six again?"

Rita looked up at him. Her expression changed. She said, "I meant my dress size!"



August Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Peach Month 		It's ELVIS month at Frosty Frog Creamery & Café			1	
2 Friendship day 	3 National Watermelon Day 	4 National Chocolate Chip Day	5 Marilyn Monroe Died - 1962	6 Root Beer Float Day – Root Beer Floats ½ price ALL DAY at Frosty Frog Creamery!	7	8
9 Book Lovers Day 	10 National S'mores Day 	11	12	13 International Left Hander's Day	14	15 Relaxation Day Come to Frosty Frog, eat, have an ice cream and R - E - L - A - X
16 Elvis Presley Memorial Day 	17	18	19 Aviation Day 	20	21 Senior Citizens Day 	22
23	24 Waffle Iron Invented in 1869 – Have a WAFFLE CONE to celebrate!	25 Kiss & Make Up Day 	26	27 Confucius born in 551BC (Who knew?)	28	29
30	31 National Trail Mix Day	Name That Country Answer: CHILE				



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